

VJK KB Diksmuide 26: Session: 2: COACH evaluation sheet for TEAM: RSC

Coachinfo: Warming up from: 13:15 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Wibaut Annouck HEADCOACH

Coaches: Vandorpe Aaron

Coaches: Vandepoorte Pauline

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 13: 100M BACKSTROKE MEN 13-14					Heat:5, starttime: 14:39
Heat: 5/6 Lane : 6 Athlete: DE VLIETTER ELIOTT					Q-time: 01:08:48
PB (25m pool): 01:08.48 EEKLO 04/10/2026					PB (50m pool): 01:10.86 SB: 01:08.48 EEKLO 04/10/2026
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:32.81		01:08.48	
		00:32.81		00:35.67	
					

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16					Heat:2, starttime: 15:05
Heat: 2/4 Lane : 5 Athlete: BEIJNSBERGER MARE					Q-time: 00:30:63
PB (25m pool): 00:30.05 Sint-Amandsberg 18/10/2026					PB (50m pool): 00:30.63 SB: 00:30.05 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M			
PB		00:30.05			
		00:30.05			
					

Coach feedback:

Event number: 16: 50M BACKSTROKE WOMEN 15-16					Heat:4, starttime: 15:08
Heat: 4/4 Lane : 7 Athlete: MALFAIT LIZANNA (LIZI)					Q-time: 00:32:46
PB (25m pool): 00:32.46 Sint-Amandsberg 19/10/2025					PB (50m pool): 00:33.89 SB: no time
	2 5 M	5 0 M			
PB		00:32.46			
		00:32.46			
					

Coach feedback:

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Event number: 21: 50M FREESTYLE MEN 13-14			Heat:4, starttime: 15:35
Heat: 4/5 Lane : 5 Athlete: VAN DAELE NAND			Q-time: 00:27:68
PB (25m pool): 00:26.70 Sint-Amandsberg 18/10/2026			PB (50m pool): 00:28.27 SB: 00:26.70 Sint-Amandsberg 18/10/2026
	2 5 M	5 0 M	
PB		00:26.70	
		00:26.70	
			

Coach feedback: